

**4-H Youth
Development
Program**

**4-H
News**



**NORTHEAST REGION
MASSACHUSETTS 4-H NEWSLETTER
Winter 2014-2015**

CALENDAR OF UPCOMING EVENTS

January		
3	Holiday Dairy Workshop UMass Horse Farm Manor House	Hadley
10	Middlesex sponsors Horse Bowl & Hippology Contest 8:30am	Tewksbury
24	Essex sponsors Favorite Foods Contest	Topsfield
31	State 4-H Rabbit Workshop	Upton
31	Northeast Region 4-H Winter Forum	Tewksbury
February		
2	Deadline 4-H Camp Leslie Scholarship to nmccarthy@umext.umass.edu	
12	Essex County 4-H Recognition Night at Coolidge Hall 6pm social & photos, 6:30pm Program begins	Topsfield
16	State 4-H Goat Workshop	TBD
March		
1	Deadline for 2015 National 4-H Dairy conference	
7	Essex County Visual Presentation Day 9am-1pm	Salem
7	Middlesex County 4-H Recognition Night 6-10pm	Westford
14	Middlesex County Visual Presentation Day 9am-3pm	Bedford
21	MA 4-H Blue Ribbon Calf Sale Clinic 10am Sale noon	W. Springfield
28	State Visual Presentation Day 9am-3pm	Bedford
April		
1	Deadline for Horse Verification Forms	Waltham
18-19	State 4-H Horse Round up	Spencer
23-24	State 4-H Teen Leadership Conference	Ashland
May		
18	Deadline for application National 4-H Congress	
June		
28-30	MA 4-H Summer of Science Conference	UMass Amherst

Recurring Dates: Check Websites or Call Office 781-891-0650 to Confirm before traveling!

Essex Advisory Jan. 8 Conference Call. Dial 877-336-1828, Access Code 7094510# All clubs welcome to participate.

Middlesex Fair, Inc. 2nd Wednesday www.4hmiddlesexfair.org 7PM Westford

4-H Camp Middlesex 2nd Thursday www.campmiddlesex.com 7PM TBD/Ashby

Middlesex Advisory 3rd Tuesday, check www.4h-middlesex.org 7PM Westford

Middlesex HAC 3rd Monday, check www.4hmiddlesexhac.org 7PM Westford

Middlesex horse events will be listed on www.4hmiddlesexhac.org

Deadline for publication in the Spring Newsletter will be March 12!

Online Newsletters!

UMass Extension 4-H uses bulk email alerts to everyone when newsletters are posted on the website to save on postal costs. It is extremely important that we have your correct email addresses in order to send you the links to both the state and regional newsletter. Please notify the office immediately if your email addresses change. Newsletters are posted by the first day of the months of January, April, July and October to the MA 4-H website:

www.mass4h.org/news/newsletter

They are also posted on MAC: www.4h-middlesex.org

As always, if you need us to print and mail you a newsletter just contact us at 781-891-0560 X15



Horse Bowl & Hippology Contests Saturday January 10, 2015

To qualify for your county team that will practice to compete at State Horse Roundup April 18-19 you *must* attend and take the tests at a county run competition.

Any age 4-Her from the Northeast region is welcome to participate in this event. Noncompetitive novice tests are available for any members who just want the experience. Call the office to let us know how many of these to make!

Middlesex registration is at 8:30 am, Hippology will begin at 9 am, and Horse Bowl will follow.

The Essex Hippology tests will be available at the event for any Essex horse project member who wants to take it.

Favorite Foods Contest Saturday, January 24th

Any age 4-Her from the Northeast region is welcome to participate in this fun and tasty event hosted by Essex Advisory Council! It will be held in the Clubhouse building on the Topsfield fairgrounds. (next to the arena... Gate A)

Set up is at 10:30AM; the contest begins at 11AM. Youth must research, prepare and present a favorite recipe, complete with place setting, centerpiece, and personal attire to carry out their theme. They should bring enough to share samples after the contest. Contact the office for registration forms and information. Return them to Nancy McCarthy at 240 Beaver St. Waltham, MA 02452 or email to nmccarthy@umext.umass.edu
Registrations due Jan. 21st.



A Note to all 4-H Leaders

Thank you again this year to all club leaders who sent in your club reports and enrollment packets before the November 17th early bird deadline!

Clubs cannot be not fully enrolled until these documents are on file annually.



Welcome to more new Northeast Region 4-H Clubs

Danny's Place 4-H	Cindy McCarthy	Acton
Ashby 4-H	Suzanne Caron	Ashby
Legacy 4-H	Wendy Somerset	Hopkinton
Climbing Caprines	Becky Solomon & Janis Peterson	Littleton/Ayer
Natick Community Organic Farm	Diane Culhane & Donna Riccardi	Natick
Prospect Hill Academy 4-H	April Slater	Somerville
Waltham Fields Community Farm	AlexLennon-Simon	Waltham
JP 4-H	Bill Perkins	Jamaica Plain

Northeast 4-H Winter Forum Saturday, January 31st



Any age 4-Her from the Northeast region is welcome to participate in this fun educational event hosted by Middlesex Advisory Council! The link to the brochure will be posted on the MA 4-H website at www.mass4h.org

Leaders, please make sure to tell all your club members to **register early** for their best choices. FIRST COME... FIRST SERVED. Every 4-Her should bring at least one new or "like new" item for the raffle table. The raffle winners are posted at the end of the day. Please prepare your youngest members that not everyone can be a winner...

St. Williams Church school building is located at 1351 Main St. (Rt. 38), Tewksbury, MA. Directions are on the brochure. There is ample parking in front of the building. Enter by the front door and proceed downstairs to the cafeteria area to sign in, get breakfast items for sale, drop off your raffle item, check out displays, and to hear general announcements. Hope to see you there!

County 4-H Recognition Events



County recognition nights include year awards for volunteers, special awards and project medals for members. Reading excerpts from the members' 4-H Stories gives us important

testimony as to how 4-H has impacted our youth. While Cloverbuds cannot earn project medals, they all receive certificates. 4-H records will be returned at the end of the evenings with written feedback from the judges indicating how to improve next year. Members will be able to continue to excel annually if they follow these practical tips. If there are questions about the awards process please contact the office.

Essex 4-H Recognition Night is February 12th

Sponsored by the Essex County 4-H Advisory, the Essex Agricultural Society and the Topsfield Fair, in cooperation with the UMass Extension 4-H Program, the Essex 4-H Recognition evening recognizes Cloverbuds, county project medal winners, volunteers and also those 4-H seniors who earn the MA 4-H Key Award or are selected based on their project records to receive special corporate sponsored awards. All 4-Hers and volunteers who are receiving awards will be recognized with a special dinner in Coolidge Hall, Topsfield Fairgrounds. It is always a wonderful opportunity for the sponsors to meet the 4-H community and honor the great work that youth and volunteers do in Essex County. Letters will be sent to award winners. Make sure to RSVP to nmccarthy@umext.umass.edu



Middlesex 4-H Recognition Night is March 7th

Sponsored by the Middlesex County Advisory Council, in cooperation with the UMass Extension 4-H Program, the Middlesex County 4-H Recognition evening recognizes Cloverbuds, county project medal winners, volunteers, 4-H Seniors who earn the MA 4-H Key Award, and also those 4-Hers who earn Middlesex Advisory Council WOW Awards for outstanding stories and records. All 4-Hers and volunteers who are receiving awards will be invited to a pasta dinner to be held at the First Church United, 48 Main Street, Westford. Please plan to join us and celebrate the achievements of our members and volunteers.

News, Notes & Opportunities:



Middlesex Horse Judging

Middlesex 4-H Horse Judging was held Sunday October 26th at Proctor Hill Farm in Littleton, thanks once again to the generosity of facility owner Pat Lingham. We had 37 participants: 18 Juniors, 14 Seniors, and 5 Cloverbuds.

Cloverbuds:

Lizzie Tripp; Katie Krangle, Hailey Phan, Ashley DiSalvo, and Domenic DiSalvo.



Top 10 Juniors:

1. Addy Ogden -RR
2. Lauren Hancz -RR
3. Allison Wakefield -FC
4. Grace Forest -RR
5. Cayleigh GossBaker-FC
6. Andrea Potenza-LHT
7. Nora Tripp -SB
8. Shannon Raftery -SB
9. Hannah Dennison -SB
10. Kerry LaRose -RR

Top 10 Seniors:

1. Abby Istnick -PT
2. Kristin Fuller-SB
3. Hayley Menezes-SS
4. Veronica Alinskas-SB
5. Maddie Humphreys-SB
6. Rachel McLeod-Warrick-PT
7. Elizabeth McCann-DDD
8. Ashley Ducharme-DDD
9. AbbyRae Bradbury-DDD
10. Kendra Faxon-PT



4-H Spring Leadership Camp April 23-24, 2015

Any teen in grades 9-12 is invited to apply for the 4-H Spring Leadership Camp to be held in Ashland during spring school vacation. Application and flier was sent via email to 4-H Ambassadors because each region was given a quota and **4-H Ambassadors will be given priority**. Application and Flier can be found posted on the MAC website: www.4h-middlesex.org

Deadline Application (with check) is due in the 4-H office by January 12th. Cost is \$125.

Advisory Council Scholarships are available upon request by contacting the 4-H Office before mailing your check.



Sixth Annual MAC "Bakeless" Bake Sale

The Middlesex 4-H Advisory Council is sponsoring its annual "Bakeless" Bake Sale. **MAC is asking each family to donate \$10 to the council to help support Middlesex County 4-H youth** (instead of asking for donations of food to sell, or time spent for yet another fund raising event). MAC gives annual scholarships for higher education, teen leadership conferences, 4-H Camp Middlesex, needs-based member support, and volunteer 4-H conferences. MAC helps pay for the County Visual Presentation Day, Recognition Night and all medals and awards given. MAC sponsors Winter Forum, teen programs, pays for our website, and other general council expenses. **The fundraiser begins at Winter Forum and continues through Middlesex VP Day.** Bring your donation to Winter Forum or VP Day; mail your family donation directly in to the office; or give it to your leader to send in as part of the club donation to: MAC 4-H Bake Sale, 240 Beaver St. Waltham 02452. Make checks payable to "Middlesex County 4-H Advisory Council".

These donations are greatly needed and appreciated!

4-H Camp Leslie Scholarship Sponsored by the Essex County 4-H Advisory Council & MA 4-H All Stars

This is a wonderful opportunity for an Essex County 4-Her to get assistance towards a week of summer camp! Applications can be sent out electronically and are also available upon request from Nancy McCarthy, 978-777-2475. Return via email to nmccarthy@umext.umass.edu
Deadline is February 2, 2015.

4-H Serves the Military for the Holidays

Due to the generosity of "Operation Homefront" working with *Operation: Military Kids*, as well as some of our 4-H groups, we were able to fill Christmas stockings for almost 300 military children! That's three times the number we supported last year!!

Thank you to everyone for the wonderful donations, for transporting hundreds of boxes of toys, and for your hours of selfless service to our military families. Special thanks go to Theresa, our intern from the Milestone School in Waltham, who worked singlehandedly for several weeks sorting and organizing more than 6000 small toys! It was so rewarding for us to hear a heartfelt "Thank You" from each parent and the countless words of appreciation for our efforts on behalf of their children.



The New Year is a great time to take on the **4th H for Health Challenge!**

It's easy and can be completed in just 8 meetings. At the first four, serve water, have fruits and vegetables as snacks, and add in a fun game for 15 minutes of physical

activity. Then continue one or more of these healthy activities at four more meetings and you're done!

4-H'ers will earn a free 4th H for Health pin and certificate if completed this program year.

Wear the pin to show your club's commitment to health!

Ready to get started?

Visit www.HealthyKidsHub.org/4H to download the Challenge Tracker and find resources for drinking right, snacking smart, and moving more during 4-H meeting times.

Healthy Kids Out of School is an initiative of ChildObesity180 at Tufts University. Regional funding provided by the Harvard Pilgrim Health Care Foundation.

Middlesex 4-H Club is first to earn 30 pins!!

Submitted by Katherine Paxton

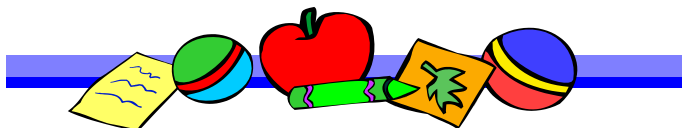
"To earn our pins for the 4th H for Health our club, The RC Carrot Crusaders, did 15 minutes of an exercising game at each meeting. We also brought water in water bottles for our drinks and had healthy snacks. To make it fun we would choose a color of the rainbow and bring a snack of that color. For example red was apples and watermelon, Orange was carrot sticks, Yellow was bananas, Green was grapes, blue was blueberries. Some of the games our club liked were capture the flag, bean bag toss and Indian Chief. We had to check off each meeting we did the exercises, water and healthy snacks. After we completed the forms we submitted them to receive our pins. We had 30 participants this summer and we plan to continue through the school year. We have elected 2 of our club members to be our 4th H Health coordinators to come up with healthy snack ideas and games for each meeting."

Congratulations to the RC Carrot Crusaders!

29th Annual Eastern National 4-H Horse Roundup in Louisville, KY

More than 300 of the nation's most knowledgeable 4-H Horse Program members, including 16 delegates from Massachusetts competed during the 2014 Eastern National 4-H Horse Roundup. This event, hosted by the North American International Livestock Exhibition in Louisville, KY, is held annually on the first weekend of November. Competitions are held in Communications, Horse (Quiz) Bowl, Hippology (overall horse knowledge written tests), and Horse Judging.

(Middlesex County participants listed on next page)



The MA Horse Judging Team placed 5th Overall!

They placed 4th in Conformation, 7th in Performance, and 9th in Oral Reasons. **Middlesex 4-Hers Grace McAfee and Delaney Tibbets** were contributing members. Individually, Delaney placed 9th in conformation and 10th overall!

The MA Communications Team placed 5th Overall!

They were coached by **Middlesex 4-H Volunteers Darlene Welch and Janet Bersani**.

The MA Horse Bowl Team had **Middlesex 4-Her Abby Rapiejko** as a contributing member.

In addition to competing, the Massachusetts delegation enjoyed a tour of the Kentucky Derby Museum and Churchill Downs racetrack, as well as the opportunity to meet 4-H members from throughout the United States at a dance and awards banquet held as part of the event. We are very proud of our Middlesex participants!

MA 4-H Community Service Food Drive

Results for the statewide 4-H Community Service drive are *still being tabulated* on Survey Monkey. If you haven't already inputted your club results or if you have more poundage to add go to:

www.surveymonkey.com/r/4-HCSProject

Thank you to all 4-H clubs who have already completed the survey.



Plant A Smile 4-H Club from Middlesex County is featured in MA 4-H Foundation COMPASS

The Plant A Smile 4-H Club under the leadership of Michael Buras has been very busy for over 2 years doing a special 4-H Community Service project. They have been using GIS (geographic information systems) to find gravesites of Civil War soldiers at the Newton Cemetery and link them to individual information researched by the club. The result is an online map accessible to the public!

This year they are helping the Newton Cemetery map over 100 trees located on the grounds. Once they have identified the varieties, the cemetery will be eligible to become a level two arboretum.

Read all about it:

<http://www.mass4hfoundation.org/index.php/news/compass>

All Four Westford 4-H Youth Robotics Club Teams to Compete in 2014 State FLL Robotics Championship! Submitted by Leader Chris Nichols

"For the first time in Westford Youth Robotics 4-H Club's history, all of our teams have made it through to the Massachusetts State Championship!!! The Purple Stormgears secured their place on Saturday in Leominster with a 6th place ranking for the robot and a Programming Award.

This amazing year is truly the result of the dedication and focus of our coaches. This year most of our teams had multiple coaches. Coaches make the difference! The State Championship is known as **Robonautica** and takes place Saturday, December 20, 2014 at WPI in Worcester."

The MA 4-H Program wishes the very best to all the Westford 4-H Youth Robotics Club Teams:

Green Stormgears

Red Stormgears

Blue Stormgears

Purple Stormgears



Westford 4-H Youth Robotics Club Green Stormgears proudly showing their 2013 State Championship Trophy and their 2nd Place World Champion Mechanical Design Trophy. They were ranked 21st Overall in the World!

2014 TOPSFIELD FAIR 4-H AWARDS/TROPHIES/RIBBONS

Trophy/Award	Sponsor	Winner
HORTICULTURE		
Best Vase of Cut Flowers	Lagasse Family	Alex Enos
Best Arrangement	Lagasse Family	Alex Enos
Best Vegetable	Topsfield Fair	Hannah Miles
Beat Wreath, Swag, Kissing Ball	The Green Family	Emily Fabre
Challenge – Best Houseplant	In Memory of Hilda Rouse	Jackie Lonigro
Judge's Choice	In Memory of Alice J. Salter / Salter-Jackson Family	Maria Splaine
Best Houseplant	Lagasse Family	Cole Kraus
Best Flowering Houseplant	In Memory of Joan H. Rouse	Alex Enos
CLOTHING		
Best Junior Exhibit	The Homa Family	Emily Fabre
Best Senior Exhibit	In Memory of Shirley DiBattista by Diane DiBattista	Kaitlyn Fabre
Best Challenge Exhibit	Winifred Fitzpatrick Sewing Challenge Trophy/Award Woburn Moose Family Center, Lodge 1214 Chapter 2101	Kaitlyn Fabre
FOODS		
Jennie Grillo Trophy – Perpetual	The Grillo Family	Nicholas Melanson
Best Cookies	Division A – The Agersea Family	Julia Ryan
Ethnic or Heritage Desserts		Nick Melanson
Best Challenge		Kaitlyn Fabre
Best Display		Alex Enos
HANDICRAFTS		
Best General Craft /Julia Plassmann	Barbara Plassmann	Abby Dixon
Best Challenge – Senior	EC Advisory Council	
Best Difficult Jr. Craft, Judge's Choice	The Glue Club	Kaitlyn Fabre
Most Unique	In Memory of Brian T. McCarthy	Kaitlyn Fabre
Best Chicken Craft/Display	Sara Ponikvar	Kaitlyn Fabre
Best Dog – Jacob	Sara Ponikvar	Skylar DiPietro
Best Holiday	4-H Advisory Council	Beth Arnold
NEEDLEWORK		
Best Needlework	In Memory of Dr. Judith B. Wallin	Emily Fabre
Best Knitted	In Memory of Antone, Kathleen, Mabel, Pacheco, Robert F. Salter	Emily Fabre
HOME ENVIRONMENT		
Best Home Environment	Award by EC Advisory Council	Kaitlyn Fabre
Best Quilting	The Lucey Family	Ellie Keveny
PHOTOGRAPHY		
Best Overall	In Memory of John Rouse	Emma Kraus
Best Dog	Sassy Award	Jackie Lonigro
Best Horse	Last Chapter Award	Alexis Stasinis
Best Pet – Judge's Choice	Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Hannah Miles
Best Sunrise/Sunset	Award by Woburn Moose Lodge 1214 Chapter 2101	Cole Kraus
Best Poultry	Pokey Award – Larson Family	Cole Kraus
Best Cat	Scarlett Award - Larson Family	James Lussier
Best Flower	Larson Family	Alexis Stasinis
Best Outdoor Seascape	John M. Homa Award	Emily Fabre
Best Farm Life	Linebrook Farm	Cole Kraus
Best Digital	Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Cole Kraus
Nana Award – Best Grandparent	Morando Family	Jessica Melanson
Challenge – Best Sport Action	Ribbons	Sr - Cole Kraus Jr - Alex Enos

FOOD PRESERVATION**CANNING**

Best Fruit	George/McCarthy Family, Danvers Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Kaitlyn Fabre
Best Vegetables	Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Lisa Barbaro
Best Pickles/Relishes	In Memory of Ashley, Lucky Horse Shoes 4H Club Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Emily Fabre
Best Jelly	In Memory of Detailer, Lucky Horse Shoes 4H Club Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Lisa Barbaro
Best Preserves Best – Other	In Memory of Carlisle Chelsea (Carly), Lucky Horse Shoes 4H Club Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Kaitlyn Fabre Emily Fabre
Challenge – Senior	Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Kaitlyn Fabre
Challenge – Junior	Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Emily Fabre
Gift Package – Senior	Trophy/Award by Woburn Moose Family Center, Lodge 1214 & Chapter 2101	Kaitlyn Fabre
Gift Package – Junior	In Memory of Zackary, Lucky Horse Shoes, Trophy/Awards by Woburn Moose Lodge 214 Chapter 2102	Emily Fabre
Best Jam	In Memory of Augustus (Gus), Lucky Horse Shoes 4H Club Trophy/Awards by Woburn Moose Lodge 214 Chapter 2102	Kaitlyn Fabre

CREATIVE ARTS

Judge's Choice	Pediatric Healthcare Associates, Inc., Peabody	Kaitlyn Fabre
Best Drawing, Painting, Sketch	Drs. Alan Zicherman, DDS, Stuart Merle, DMD, David Petrarca, DDS	Kaitlyn Fabre
Best Mixed Media	Pediatric Healthcare Associates, Inc., Peabody	Lisa Barbaro
Best Arts & Entertainment Entry	Pediatric Healthcare Associates, Inc. Peabody	Cole Kraus

**FORESTRY & NATURE &
WOODWORKING**

Judge's Choice	Trophy/Awards by Woburn Moose Lodge 214 Chapter 2102	Cole Kraus
Best Birdhouse or Bird Feeder	Carl W. Miller Award by Diane DiBatissta	Beth Arnold
Best Overall Woodworking Exhibit	In Memory of Weston B. Jackson	Cole Kraus

Congratulations! 

Great Scott's 4-H Rabbit and Cavy Club celebrated their 50th anniversary in 2014. Here are the results of the Topsfield Fair 4-H Rabbit and Cavy Show:

Submitted by Celia Egler, News Reporter

Best in Show Rabbit - Kori Botelho (Swansea, MA) with her Tan
Reserve in Show Rabbit - Talia Muller (Framingham, MA) with her French Angora
Best in Show Cavy - Lisa Barbaro (Peabody, MA) with her Teddy
Reserve in Show Cavy - Lisa Barbaro with her Abyssinian

Lisa Barbaro - Best of Breed: Netherland Dwarf, Mini Lop, Beveran, Rhinelander, Flemish Giant, English Lop, American Cavy, Abyssinian Cavy, Skinny Pig, Teddy Cavy.

Best Opposite: Netherland Dwarf, Mini Lop, Himalayan, Beveran, English Lop, Abyssinian Cavy, Skinny Pig, Teddy Cavy

Joe Cane - Best of Breed: Dwarf Hotot, English Spot, Standard Rex, Giant Chinchilla.

Best Opposite: Dwarf Hotot, Giant Chinchilla, American Cavy

Talia Muller - Best of Breed: Jersey Woolly, Himalayan, French Angora. Best Opposite: Satin Angora.

Mason Mormile - Best of Breed and Best Opposite: Lionhead, Best Pet Rabbit

Kori Botelho - Best of Breed: Tan. Best Opposite: Tan, Jersey Woolly

Morgan O'Sullivan-Place - Best of Breed and Best Opposite: Holland Lop

Joelle Camara - Best of Breed and Best Opposite: Dutch

Veronica Attridge - Best Of Breed: Coronet Cavy, Silkey Cavy, Best Pet Cavy

Andrea Osborne - Best of Breed: Mini Satin

Mckenna Pederson - Best Opposite: Mini Satin

Abigail Dixon - Best of Breed: Mini Rex

Samantha Holden - Best of Breed: Satin Angora

Cloverbuds - Crystal Gosiewski, Cayla O'Sullivan-Place, Isabel Ventura



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